# CAMO

# AGE GROUPS, ACTIVITIES AND TYPICAL DAILY SCHEDULE

# **AGE GROUP 6-12 YEARS OLD**

Children are adults in formation. All dimensions of their being are in a state of evolution (body, heart, and mind). They are learning to relate to others and the world in everyday life situations.

Physically, emotionally, intellectually and socially, they are constantly growing. It is for this reason that we want to offer them a fun as well as an educational summer program. Through our theme camp programs, children live a true adventure, they are part of a story, a real mission that gives direction to their holiday!

# YOUR CHILD WILL BE THE HERO OF HIS (HER) ADVENTURE!

Art and culture, sports and adventure, science and nature, horseback riding and discovery, music halls and medieval shows are all part of this wonderful experience.

Our program helps children master their body, explore new places, discover history, express talents and become fluent in a foreign language easily and effortlessly. The activities we offer are fun and stimulate their imagination. Last but not least, they learn to live with others and create friendships and memories that could last a lifetime.

#### THEMED HOLIDAYS CAMPS

So that each child may choose and evolve within a camp program which best corresponds to their curiosity and interests, the activities and field trips are adapted to various themes.

# **SMALL GROUPS**

Each group of workshops and activities is designed to be run for a group of 8 children maximum.

Above all there is the possibility for each child to express themselves and ask questions. For the camp counselors there is the possibility to adapt the pace according to the progress of each camper.

# "HANDS ON" LEARNING

At this age, children need to express themselves by "doing". Generally it is by doing it themselves that they understand better. We therefore lay emphasis on touching, creating, making, constructing and testing.

# **GAMES BASED ACTIVITIES**

It is by play that we discover the world, so our workshops are presented in the form of games. The curiosity of the children is encouraged so as to make the learning better understood



# **TYPICAL DAILY SCHEDULE**



8:00 am – 9:00 am	Wake up (gentle wake up) / Réveil et petit-déjeuner
9:00 am – 9:15 am	Shower, making beds organizing bedrooms / Toilette et rangement des chambres
9:15 am - 9:45 am	Free time / Temps Libre
9:45 am - 11:45 am	Activities / Activités
11:45 am – 12:00 pm	Washing hands / Lavage des mains
12:00 pm – 1:00 pm	<b>Lunch</b> / Déjeuner
1:00 pm – 1:45 pm	Quiet time / Temps Calme
2:00 pm – 4:00pm	Activities / Activités
4:00 pm – 4:30 pm	Snack time / Goûter
4:30 pm – 5:30 pm	Meetings with the counselors / Réunion Animateurs
5:30 pm – 7:00 pm	Quiet time, small games, and shower / Temps Calme, Petits Jeux et Douche
7:00 pm – 8:00 pm	<b>Dinner</b> / Dîner
8:15 pm – 9:00 pm	Evening activities: reading, games, parties, shows etc  Veillée : Lecture, soirées, jeux, boum, spectacle, etc
9:30 pm	Bedtime / Coucher